Kick Off Games for the fall!

HUMAN ETCH-A-SKETCH

**GOAL:** Mixer, Community Builder, Teamwork and just plain FUN. This is to give individuals the opportunity to learn about one another and to energizer the start of the new youth group season. Groups/Teams will need to work together in order to “display” or “draw” whatever object with their team members, using their bodies.

**SUPPLIES:** People and ideas of objects you wish the large group to “draw” out with their bodies. You will also need a large area for the groups to spread out.

**INSTRUCTIONS:**
Divide the large group into two groups…try and get as close as possible to equal numbers.

You will need to designate “sketching areas” (playing areas) for each team.

The goal is to get the groups to create pictures of items that are called out by the facilitators. The goal is to work as a team in order to get the “sketch” accomplished the quickest, but also take into account the creativity of their picture.

For example, let’s say the “sketch” is to be a bicycle. You might want to take into account if a team finishes a little later, but has moving parts, like the pedals or wheels.

You can be as creative as you wish. Try your best to start out simple in the beginning with the “sketches” so they can get the hang of it, then move onto more detailed “sketches.”

**BUILD A HANDSHAKE**

**GOAL:** Mixer and Community Builder. This is to give individuals the opportunity to learn about one another and to energize the start of the youth group season.

**MATERIALS:** People! An even number of people will work best.

**PROCEDURE:**
Have the youth and leaders get into pairs.

Have these pairs to create a handshake together that will have three parts or moves. Have the groups practice it enough so they can teach this handshake to someone else. For example, a pair might do a high five followed by a pinkie shake followed by a regular handshake.

After the pairs have had a few minutes to practice, we will ask everyone to find new partners. (Say hello and introduce yourself.) Now, these new pairs will have to teach each other their first handshake and then put the two handshakes together in order to form one long handshake. We will now give these pairs a few minutes to practice so that they can be able to teach someone else the new handshake.

After these pairs have practiced for a while, they will now need to find a new partner (one they have not worked with). These new pairs will now share their second handshake with their new partner and then put the two together. The pairs will now have one long handshake with 12 parts or moves.

Have a couple demonstrate their handshake. Do we dare go one more round?